



錦田公立蒙養學校  
Kam Tin Mung Yeung Public School  
家長教師會  
Parent Teacher Association

新界元朗錦田 Kam Tin, Yuen Long, N.T. Tel:2476 2414 Fax:2474 4416  
錦田公立蒙養學校家長教師會通函 No: PTA07/2020

「沉迷上網」Zoom 家長講座

敬啟者：

本人誠邀閣下參加「沉迷上網」Zoom 家長講座，以增加對青少年使用資訊科技情況的認識，並提升親子關係，詳情如下：

日期：2021年7月12日（星期一）

時間：上午9:30 - 11:30

形式：Zoom

內容：1. 認識網絡危機對子女生理和心理發展的影響

2. 學習親子管教技巧，包括如何與子女協商網上活動及適當處理因上網而產生的親子衝突等。

講者：循道衛理中心臨床心理學家

對象：一至六年級家長

備註：會議ID及密碼將於2021年7月9日（星期五）或之前透過SMS短訊傳送家長。

請於7月8日（星期四）或以前簽覆回條，並交班主任。如有查詢，請致電2476 2414與崔姑娘聯絡。

此致

貴家長

錦田公立蒙養學校家長教師會主席

羅巧妹 謹啟

二零二一年七月六日

回條

錦田公立蒙養學校家長教師會通函 No: PTA07/2020

本人乃\_\_\_\_\_班\_\_\_\_\_學生家長，將 \* 出席 / 不出席「沉迷上網」Zoom 家長講座。

此致

錦田公立蒙養學校家長教師會主席

家長姓名：\_\_\_\_\_

家長簽署：\_\_\_\_\_

聯絡電話：\_\_\_\_\_

日期：2021年7月\_\_\_\_\_日

\*在適當的□內加✓

請於7月8日（星期四）或以前簽覆回條，並交班主任。



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Tel:2476 2414

Fax:2474 4416

Parent Teacher Association Notice No: PTA07/2020

5.7.2021

‘Addicted to the internet’ Parent Talk Through Zoom

Dear Parents/Guardians,

In order to improve parents’ information literacy and deepen their knowledge of teenagers’ use of information technology, and improve parent-child relationship, we sincerely invite you to participate in the ‘Addicted to the internet’ Zoom Parent Talk. The details of the lecture are as follows:

Date : 12th July, 2021 (Monday)

Time : 9:30 am – 11:30 am

Format : Zoom

Content : 1. Recognize the impact of cyber crisis on children’s physical and psychological development.  
2. Learn parenting skills, including negotiating online activities with children and properly handling parent-child conflicts arising from the Internet, etc.

Speaker : Clinical psychologist (Methodist Centre)

Target : P.1 to P.6 parents

Remarks : 1. ZOOM meeting ID and password will be sent to parents through SMS by 9th July,2021 (Friday).

2. The parent workshop will be conducted in Cantonese. No translation will be provided.

Please sign and hand in the reply slip to the class teacher on or before 8th July, 2021 (Thursday). If you have any enquiries, please do not hesitate to contact Ms Tsui Wing Yan on 2476 2414.

Yours sincerely,



Ms Luo Qiaomei  
(The Chairperson)



Reply Slip

Parent Teacher Association Notice No: PTA07/2020

Dear chairperson,

I am the parent of the student (Class: P. \_\_\_\_\_ Name: \_\_\_\_\_).

I will \*  participate /  not participate in the parent talk through Zoom.

\*Please ✓ in the appropriate box.

Parents' / Guardians' name : \_\_\_\_\_

Parents' / Guardians' signature : \_\_\_\_\_

Contact Tel No. : \_\_\_\_\_

Date : 2021 (Y) 7 (M) \_\_\_\_\_ (D)

Please sign and hand in the reply slip to the class teacher on or before 8th July, 2021 (Thursday).